

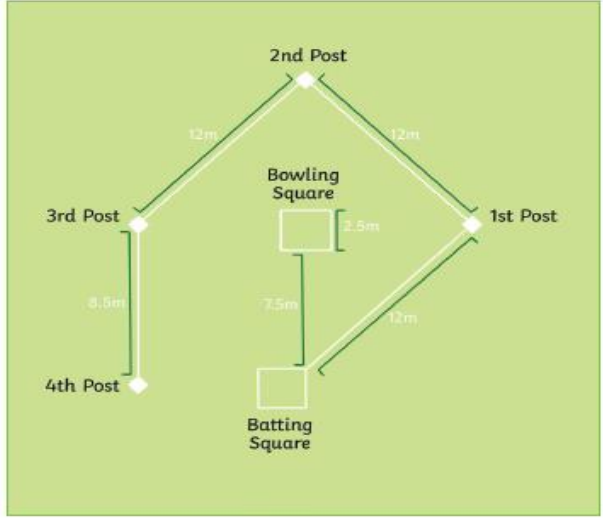


# KS2 PE KNOWLEDGE ORGANISER – ROUNDEERS

Batting	Bowling	Fielding
<ol style="list-style-type: none"> <li>Correct Batting stance</li> <li>Forehand hitting</li> <li>Hitting to different parts of the field</li> </ol> <div data-bbox="147 424 719 1158"> <p><b>Rounders Batting Technique</b></p> <ul style="list-style-type: none"> <li>• Hold the bat high (in one or two hands).</li> <li>• Have a strong grip on the handle.</li> <li>• Make sure your wrist is strong.</li> <li>• Keep your eye on the ball.</li> <li>• Stand side-on to the bowler.</li> <li>• Swing through the ball.</li> <li>• Stamp forwards into the move to gain power (transfer your weight from the back foot to the front foot as you move).</li> </ul>  </div>	<ol style="list-style-type: none"> <li>Basic action</li> <li>Grip</li> <li>Stepping action</li> <li>Variation of speed and height</li> </ol> <div data-bbox="857 464 1420 1107"> <p><b>Rounders Underarm Throw and Basic Bowling Technique</b></p> <ul style="list-style-type: none"> <li>• Hold the ball in your dominant hand, gripped in the fingers and held by the thumb.</li> <li>• Step forwards into the move to gain power (transfer your weight from the back foot to the front foot as you move).</li> <li>• Hold your bowling or throwing arm straight, like a swinging pendulum (swinging from behind the body to the front of the body).</li> <li>• Release the ball at waist height.</li> <li>• Aim for the backstop's hands.</li> <li>• Try to vary your speed with each bowl.</li> <li>• Flick your wrist to create spin.</li> </ul>  </div>	<ol style="list-style-type: none"> <li>Stopping the ball with hands</li> <li>Pick up and throw - Underarm (short)</li> <li>Catching - basket catch (low)</li> <li>Chasing and returning the ball</li> <li>Pick up and throw on the run</li> <li>Long barrier</li> <li>Overarm throw from the outfield</li> </ol> <div data-bbox="1541 587 2141 1107">  </div>
Decision making and tactical awareness, to include:		
<ol style="list-style-type: none"> <li>Selection of appropriate shot</li> <li>Where to bowl the ball</li> <li>When to, and when not to run</li> <li>Be aware of the different positions on the field and be able to play in a number of them successfully</li> <li>Awareness of the rules and regulations of the sport and their application</li> </ol>		