

# CAMPING KIT LIST

WARM SLEEPING BAG & PILLOW	<input type="checkbox"/>	A three season single bag is great
TWO TOWELS	<input type="checkbox"/>	For showering & wet activities
PYJAMAS OR A ONESIE	<input type="checkbox"/>	Just one is plenty. Make sure its warm
UNDERWEAR & SOCKS	<input type="checkbox"/>	Enough to last the week
SWIMWEAR	<input type="checkbox"/>	Trunks or an all in one costume
WARM JUMPER/FLEECE	<input type="checkbox"/>	Just one is plenty
T-SHIRTS	<input type="checkbox"/>	Enough to last the week
LIGHT LOOSE FITTING TROUSERS	<input type="checkbox"/>	Tracksuit trousers are perfect
OLD TRAINERS FOR THE WATER	<input type="checkbox"/>	Current size
TRAINERS FOR DRY ACTIVITIES	<input type="checkbox"/>	They're going to get muddy
WATERPROOF TROUSERS & JACKET	<input type="checkbox"/>	Likely to get dirty
WARM JACKET	<input type="checkbox"/>	Make sure its easily identified
A HAT	<input type="checkbox"/>	Sunhat or a woolly hat
TOILETRIES & SUNSCREEN	<input type="checkbox"/>	Shampoo, soap, toothpaste etc.
A TORCH	<input type="checkbox"/>	A small hand held one is perfect
PERSONAL MEDICATION	<input type="checkbox"/>	Inhaler etc.
REFILLABLE DRINKS BOTTLE	<input type="checkbox"/>	Make sure its easily identified
RUCKSACK FOR DAILY USE	<input type="checkbox"/>	Double shoulder strap
ONE COMPLETE SET OF CLOTHES TO KEEP DRY	<input type="checkbox"/>	Additional shirt, trousers etc.
DRINKS WATERBOTTLE	<input type="checkbox"/>	
EYE MASK FOR SLEEPING	<input type="checkbox"/>	